



## Independence Day Bus Service

### Bus Service

**Saturday, July 4**

LTD buses, paratransit, and all offices will be closed.



## Sunday Service Returns June 7

Due to precautions taken to limit bus operator and passenger potential exposure to the COVID-19 novel coronavirus and declining ridership, Sunday bus service was suspended in March.

Now that Lane County is in Phase 1 of re-opening, more passengers need to make essential trips for jobs, medical appointments, and

grocery shopping. LTD will now operate bus service on Sundays beginning June 7. The service will run on regular Sunday schedules as published. Monday – Saturday service will continue to operate on a modified Sunday schedule. Updated schedule information can be found at LTD.org or LTD Customer Service at 541-687-5555.



## LTD Friendly Reminders

Lane Transit District (LTD) is following the standards set by the state of Oregon for public transit agencies to take various precautions to limit bus operators', employees' and passengers' potential exposure to the COVID-19 novel coronavirus.

- LTD passengers must enter and exit the bus through the rear doors unless they are elderly or require the use of the ramp at the front door.
- Passengers are asked to enter and exit the bus from its rear doors, until further notice. Older adults and people with disabilities can still use the bus's front door for access.
- LTD is not charging fares to limit passenger and bus operator contact.
- Passengers should only make essential trips to medical appointments, work, and the grocery store.

Since March, LTD has been actively engaged in a Health First initiative to keep all employees and passengers safe and healthy by taking the following precautions:

- Passengers are required to cover their nose and mouth with a mask, bandana, or other covering while riding the bus to prevent the possible spread of the COVID-19 coronavirus.
- All LTD employees are required to wear masks while operating buses or on LTD property.
- LTD employees continue to take measures to clean buses as they stop at the Eugene and Springfield stations. All buses are cleaned nightly.
- LTD employees have their temperature taken before entering LTD facilities. Those with a temperature above normal are sent home.
- LTD employees stay home when they are not feeling well.

LTD encourages all residents to follow guidelines set by the state of Oregon and the Center for Disease Control and Prevention, including:



Avoid touching your eyes, nose, and mouth.



Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Stay home if you are sick.



Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipes.



Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing.



Source: CDC website: <https://www.cdc.gov/coronavirus/2019-ncov/about/prevention-treatment.html>

If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash with soap and water if hands are visibly dirty.

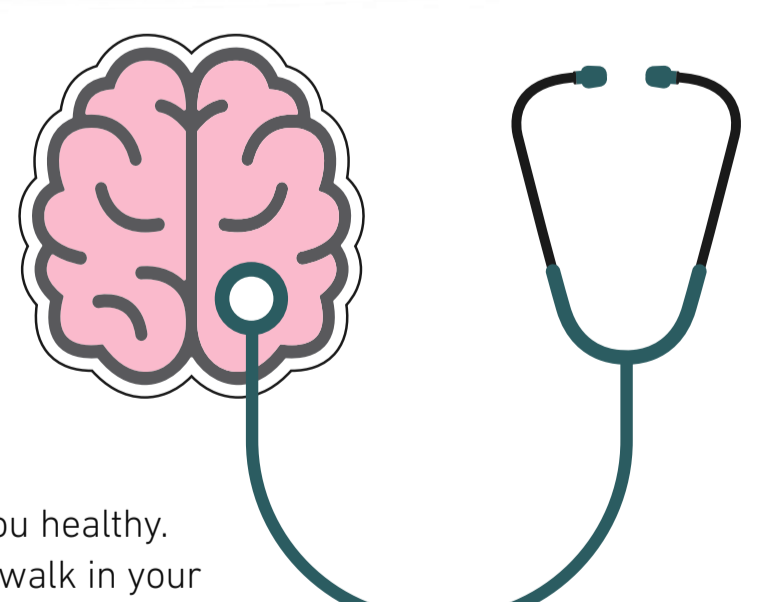


## LTD Fare Collection

Currently, LTD is not collecting fares in order to provide a safe and healthy environment for both our riders and operators. LTD is in the process of installing plexiglass partitions between the operators and riders by the farebox. Once this is complete, LTD will resume collecting fares. Over the next few months, please watch the LTD website at LTD.org, follow us on Facebook, or call LTD Customer Service Center at 541-687-5555 to check when fares will be collected.

## Mental Health Tips for Quarantine

Being quarantined at home for an extended period of time can be boring, lonely, and frustrating. Taking care of your mental health at times like these is very important. Here are some tips from VeryWellMind.com.



- **Establish Routines:** Having your daily routine disrupted can make you feel confused and looking for purpose. Take the time to establish routines even while at home on quarantine.
- **Be as Active as Possible:** Exercise boosts your mood and keeps you healthy. Look for activities online such as yoga or exercise classes, take a walk in your neighborhood, or even work in your yard. It will make you feel great!
- **Combat Frustration and Boredom:** Find ways to keep yourself occupied. Look for home projects that have been neglected, organize your closets, or even start a new hobby.
- **Communicate:** With technology today there are many ways to stay in touch with friends, family, and coworkers. Reach out by phone, text, Zoom, Facetime, or whatever works best for you. Talking to new people can lift your spirits and prevent you from feeling isolated.

Read about more ways to keep your mental health strong at VeryWellMind.com.

## Community Events

### CITY OF EUGENE RECREATION – SUMMER CAMPS

Registration opens June 8

Keep the kids busy and active this summer in camp! Sign up now for Eugene Recreation Summer Camps.

[Eugene-or.gov/139/Recreation](http://Eugene-or.gov/139/Recreation).

### EUGENE SATURDAY MARKET

Opens June 13 – Mid November

10:00 a.m. – 5:00 p.m.

8th & Oak St., Eugene

Visit the Saturday Market to experience a wide variety of specialty crafts, food, and live music.

[EugeneSaturdayMarket.org/](http://EugeneSaturdayMarket.org/)

### LANE COUNTY FARMERS MARKET

Saturdays 9:00 a.m. – 3:00 p.m., Tuesdays 10:00 a.m. – 3:00 p.m.

Corners of 8th Ave. and Oak St., Eugene

Support local farms while enjoying a wide range of fresh produce. The first hour of the market is reserved for seniors and high-risk individuals, with tents spaced 10 feet apart for social distancing.

[LaneCountyFarmersMarket.org](http://LaneCountyFarmersMarket.org)